French Onion Soup

[insert something witty about French onion soup here]

- Servings 8
- Prep time 15 minutes
- Cook time 90 minutes

Ingredients

- 2 tablespoons butter
- 1 tablespoon olive oil
- 3 large onions, thinly sliced
- 3 large cloves garlic, minced
- 1 teaspoon salt
- 2 tablespoon flour
- 6 cups beef stock
- 2 bay leaves
- ½ cup red wine
- 1 teaspoon fresh thyme
- ½ teaspoon black pepper
- Croutons
- Provolone cheese slices

Protocol

- 1. Heat the butter and oil in a large pot over high heat. Add the onions and garlic and cook for 5 minutes. Add the salt and turn down to low. Allow the onions to cook down until caramelized for about 45 minutes, stir occasionally.
- 2. Add in the flour and cook for one minute. Add in the beef broth, bay leaves, red wine, thyme and pepper and simmer for 20 minutes.
- 3. Spoon the soup into oven safe bowls and top with the croutons and cheese. Place under the broiler until the cheese becomes melted and golden brown.
- 4. Serve and enjoy!