Herbed Pork Tenderloin

Where is the tenderloin again? Is that near the axilla?

- Servings 2
- Prep time 10 minutes
- Cook time 45 minutes

Ingredients

- 1 pound pork tenderloin patted dry
- 2 tablespoons olive oil
- 1 tablespoon balsamic vinegar
- 1 small onion, finely minced
- 2 cloves garlic, finely minced
- 1/2 teaspoon dried rosemary
- 1/2 teaspoon dried oregano
- 1/2 teaspoon basil
- 1/2 teaspoon paprika

Protocol

- 1. Preheat your oven to 400F.
- 2. In a shallow plate, mix together all of the ingredients above except for the pork.
- 3. Roll the pork in the rub making sure to cover the entire surface.
- 4. Transfer the pork into a baking dish and roast in the oven for 40 minutes or until the meat reaches 145F (you might want to check around 30-35 min or so).
- 5. Remove from the oven and let rest for 10 minutes.
- 6. Serve and enjoy!
- -D&E